
Saratoga Dental Congress

The Meeting At The Springs

Thursday, May 24 & Friday, May 25, 2012
Saratoga City Center



Continuing Education ~ Expanded Exhibitors

Raffle ~ Food

REGISTRATION FORM

	PRE-REGISTRATION	AFTER APRIL 19, 2012
ADA Member Dentist:	\$250 for 1 day / \$350 for 2 days	\$310 for 1 day / \$410 for 2 days
Non-Member Dentist:	\$375 per day / \$600 for 2 days	\$450 per day / \$650 for 2 days
Auxiliary (RDH, CDA, DA & S):	\$100 per day	\$125 per day
Students, Residents & Retired 4 th	No Charge	No Charge
Hands-on Hygienist Course	\$75.00 per session (in addition to registration fee)	

NAME or OFFICE _____ ADA # _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE # _____ EMAIL _____

Check Charge My: VISA Mastercard

Card # _____ Exp. Date _____ Sec. Code _____ Signature _____

NO REFUNDS AFTER MAY 15, 2012 • BADGE REQUIRED FOR COURSE ADMISSION

** EMAIL ADDRESS NECESSARY FOR CONFIRMATION **

Thursday, May 24 Courses

<u>FULL NAME FOR BADGE</u>	<u>FIRST NAME</u> <small>(or nickname)</small>	<u>CAT.*</u>	<u>CHRISTENSEN</u>	<u>STEINBERG</u>	<u>CPR**</u> <u>AM PM</u>	<u>HANDS-ON**</u> <u>AM PM</u>	<u>FEES</u> <small>(include Hands-on fee)</small>
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Friday, May 25 Courses

<u>FULL NAME FOR BADGE</u>	<u>FIRST NAME</u> <small>(or nickname)</small>	<u>CAT.*</u>	<u>CROSSLEY</u>	<u>CHRISTOPHER</u>	<u>CPR**</u> <u>AM ONLY</u>	<u>FEES</u>
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*Categories (CAT.): D = Dentist; RDH = Hygienist; CDA = Cert. Dental Asst.; DA = Assistant; S = Staff)

****Limited Attendance. Course will be filled on a first come first served basis. Please indicate AM or PM course.**

Form may be duplicated for additional registrants. Badges will be mailed before meeting.

For registrations received after May 7th, badges can be picked up at the registration desk.

**PLEASE MAIL TOTAL FEE WITH COMPLETED REGISTRATION FORM TO:
Fourth District Dental Society, 855 Route 146, Suite 125, Clifton Park, NY 12065***

**please note that this is a new mailing address*

Thursday Courses



The Christensen Bottom Line - 2012

Gordon J. Christensen, DDS, MSD, PhD

This fast moving “bottom line” course includes the areas of dentistry with the most activity and change in any given year. It is easily understood and has numerous summaries that help attendees to interpret the on going advancements in the profession. The course encourages audience participation, and questions and answers and is presented in an enjoyable and humorous manner. The following topics will be included: Implant Dentistry including prosthodontics and surgical, Oral and Maxillofacial Radiology, Oral and Maxillofacial Surgery and Preventive Dentistry.

Dr. Gordon J. Christensen

Gordon J. Christensen is Founder and Director of Practical Clinical Courses (PCC) in Utah, an international continuing education organization providing courses and videos for all dental professionals. Gordon’s degrees include: DDS, University of Southern California; MSD, University of Washington; PhD, University of Denver; an Honorary Doctor of Science from Utah State University, and an honorary Doctor of Dental Education and Research from Utah Valley University. Gordon is a practicing prosthodontist in Provo, Utah. Gordon is a Diplomate of the American Board of Prosthodontics, a Fellow and Diplomate in the International Congress of Oral Implantologists, a Fellow in the Academy of Osseointegration, American College of Dentists, International College of Dentists and American College of Prosthodontists.



Optimal Aging - Living to 100! (A.M.) The 4 “S’s” of Optimal Aging “Sex, Sleep, Stress and Social Networks” (P.M.)

Barbara J. Steinberg, DDS

Dr. Barbara J. Steinberg

Optimal Aging -- Living to 100! At least 75% of healthcare costs in the U.S. are spent on treating diseases such as heart disease, diabetes, breast cancer, prostate cancer, and obesity. Many of these diseases are largely preventable and even reversible by simple choices that we make in our lifestyle. When it comes to aging gracefully--we want it all! We want to feel good, look good, and most of all live a long healthy life. This informative and entertaining course will look at some of today’s major health concerns and will offer suggestions and recommendations to help achieve a long healthy life. **Learning Objectives:** Understand the risk factors and preventive strategies for heart disease and common cancers; Understanding the impact of obesity on health; Learn the tips for weight loss, exercise and good nutrition (even chocolate can be healthy!); Understand the role of inflammation as it relates to health.

The 4 “S’s” of Optimal Aging - “Sex, Sleep, Stress and Social Networks” Dr. Steinberg will present the impact of sex, sleep, stress on disease and aging. The importance of social networks, optimism and laughter and their benefit to successful aging will be discussed. In a fun and entertaining format participants will gain an understanding of what is involved to age well. Learning outcomes: Discover the commonalities of successful aging and disease prevention; Discuss the impact of sex, stress reduction and sleep in maintaining a healthy life; Understand how optimism and strong social networks create the healthiest life styles; Experience laughter as the best medicine for a long healthy life.

Barbara J. Steinberg received her DDS from the University of Maryland School of Dentistry and completed a residency at the Medical College of Pennsylvania. She is Clinical Professor of Surgery at Drexel University College of Medicine, as well as Adjunct Associate Professor of Oral Medicine at the University of Pennsylvania School of Dental Medicine. She is a Diplomate of the American Board of Oral Medicine. Dr. Steinberg specializes in the treatment of medically compromised patients. She is a nationally and internationally invited lecturer in the area of dental treatment of the medically compromised patient and women’s health, and has authored numerous articles and contributed to major textbooks on these subjects. For the last nine years Dr. Steinberg has been named by Dentistry Today “One of the Top Clinicians in Continuing Education”. Dr. Steinberg is a former spokesperson for the American Dental Association on Women’s Oral Health Issues and has had numerous television appearances, including Good Morning America. She represented the American Dental Association at a congressional briefing on Women’s Oral Health Issues and presently serves on the Health, Nutrition and Fitness Board of Women’s Day Magazine.

Hands-On Hygienist Course

Judith E. Romano, RDH, MA; Karen M. Palleschi, RDH, BSDH, MS; Tammy J. Conway, RDH, MS;
Jeffery V. McMinn, RDH, BS; Teresa Burke, MS in Physical Education, NASM, FMS

HANDS-ON HYGIENISTS COURSE ~ “A Practical Guide to the Dental Hygiene Process of Care” Updated Course! A Practical Guide to Dental Hygiene Treatment and Care-planning - A collaborative hands-on course for the dental hygienist intended to provide a practical guide to instrumentation selection and prevention strategies. This updated “Case-Based” course provides evidence-based strategies for individualizing Care Plan options; manual and power-driven instrument selection, pain management, adjunctive therapies and a variety of oral self care strategies will be discussed to best manage our patient’s individual needs.

HANDS-ON HYGIENISTS COURSE PART TWO ~ “Ergonomics/Functional Movement/Instrument Sharpening/Ultrasonics”. This Part II course includes proper ergonomics through functional movement for dental professionals and the hand-on practical application of the use of ultrasonic inserts and instrument maintenance and sharpening.

Judith Romano is the department chairperson for the dental hygiene and dental assisting departments at Hudson Valley Community College; Karen Palleschi is a professor in the dental hygiene program at Hudson Valley Community College; Tammy Conway is a full time instructor in the dental hygiene program at Hudson Valley Community College; Jeffery McMinn is an adjunct instructor in dental hygiene at Hudson Valley Community College; Teresa Burke works with Hudson Valley Community College developing and presenting professional courses.

Handouts will NOT be distributed at any courses. In an effort to control costs and minimize waste, applicable handouts will be available online.
Please visit www.4thdds.org prior to the meeting to access and print course handouts.

Friday Courses



Dr. Harold L. Crossley

Clues to Your Patients' Health: The Most Common Physician-Prescribed Medications!

Harold L. Crossley, DDS, PhD

This program includes the indications, contraindications, and dental side effects of the most common physician-prescribed medications. These medications represent 30% of all prescription medications taken by your dental patients and familiarity with these drugs will provide you with a better appreciation for the health profile of today's dental patient. What is the antibiotic of choice for dental infections? Are there any medications used in my dental office that could adversely interact with drugs the patient is taking? This presentation provides information for better control of post-operative dental pain as well as pharmacologic management of orofacial infections. Avoid liability and attend this fast-paced, entertaining, and highly informative six hour lecture. Learn: the medications that could adversely interact with dental drugs, why your patient is taking their medications, what oral side effects may be caused by these drugs, the maximum doses for commonly prescribed pain medications, when not to prescribe NSAIDs, the mechanism of action of the commonly prescribed analgesics, the indications and contraindications for opiate analgesics and the drug of choice for oral infections.

Harold L. Crossley, DDS, PhD. is Professor Emeritus at the University of Maryland Dental School. A native of Rhode Island, Dr. Crossley received a Bachelor of Science degree in Pharmacy from the University of Rhode Island in 1964. He later was awarded the Master of Science (1970) and Doctorate degrees (1972) in Pharmacology. The University of Maryland Dental School in Baltimore awarded Dr. Crossley the DDS degree in 1980. Dr. Crossley has co-authored a number of articles and four books dealing with a variety of topics within the field of pharmacology. He is an active member of Phi Kappa Phi, Omicron Kappa Upsilon Honorary Dental Society, the American College of Dentists, and International College of Dentists. He was the recipient of the 2008 Gordon Christensen Lecturer Recognition award presented by the Chicago Dental Society. He has been a consultant for the United States Drug Enforcement Administration and other law enforcement agencies since 1974. Drawing on this unique background, Dr. Crossley has become nationally and internationally recognized as an expert on street drugs and chemical dependency as well as the clinical pharmacology of dental drugs.



Bruce Christopher

Attitude, Humor, & Peak Performance in Workplace (A.M.) Risk Taking, Achievement, and Fear (P.M.)

Bruce Christopher, MA, MS

Attitude, Humor, & Peak Performance in Workplace - Are We Having Fun, Yet?: In this very humorous session, the audience learns the power of a positive attitude and the secrets only OPTIMISTS know! They will discover how attitude creates success, shapes moods, and is contagious. Great for employee motivation, sales and customer service training, stress, management, leadership and personal life attitude adjustments. Very funny, great stories and excellent content.

Risk Taking, Achievement, and Fear - Leap! The Net Will Appear: There are three kinds of people: Those that make things happen, those that watch things happen, and those that say, "What happened?" Everyone secretly wants to be a mover and shaker, but fear of failure holds many prisoner. This highly interactive session will have the audience literally coming out of their seats by learning to leap from procrastinations and crash through comfort zones. Your group will learn how to make fears disappear, visualize goals, move forward and have fun doing it!

Bruce Christopher is a licensed psychologist with over twenty years of experience as a speaker, trainer and consultant. A practicing clinical psychologist, holding degrees in professional psychology and interpersonal communications; Bruce is a credentialed professional speaker, a member of the International Who's Who of Entrepreneurs and the National Speakers Association. When you are faced with low morale, communication conflicts, customer service issues, managing change, the need for improved teamwork, or just need a great laugh and attitude adjustment . . . this Psychologist is in!

Thursday
AM & PM

"CPR/AED
for the Healthcare Professional"

Friday
AM Only

This is the latest CPR course from ASHI (American Safety and Health Institute). This is Basic Life Support for professionals which is a health care provider level course in CPR, First Aid, Defibrillator use and other life saving techniques. Training includes management of dental emergencies including cardiac arrest, heart attack, shock, and more. All students will receive a two-year certification card, authorized by ASHI. This 3-hour course will serve as both a certification and recertification course. **It is given in the A.M. and repeated in the P.M. on Thursday, May 24. It is given in the A.M. only on Friday, May 25. Please sign up for only one session.**

Handouts will NOT be distributed at any courses. In an effort to control costs and minimize waste, applicable handouts will be available online. Please visit www.4thdds.org prior to the meeting to access and print course handouts.

Schedule

THURSDAY, MAY 24, 2012

8:00-9:00 a.m. Registration/Exhibits 12:00-2:00 p.m. Lunch/Exhibits
9:00 a.m.-12:00 p.m. Lecture 2:00-5:00 p.m. Lecture
12:00-12:45 p.m. General Business Meeting 4:30-6:00 p.m. Reception/Exhibits

DENTISTS/HYGIENISTS/ASSISTANTS

SPEAKER: Dr. Gordon Christensen – “The Christensen Bottom Line- 2012”

9:00 a.m.-12:00 p.m. Lecture 2:00-5:00 p.m. Lecture

DENTAL HYGIENISTS/DENTISTS/ASSISTANTS/DENTAL STAFF

SPEAKER: Dr. Barbara J. Steinberg

“Optimal Aging -- Living to 100!”

9:00 a.m.-12:00 p.m. Lecture

The 4 “S’s” of Optimal Aging

“Sex, Sleep, Stress and Social Networks”

1:15-4:15 p.m. *. Lecture

*note earlier start time

HANDS-ON HYGIENISTS COURSE

“A Practical Guide to Dental Hygiene Process of Care”
Updated Course!

9:00 a.m.-12:00 p.m. (A.M. Course)

~Limited Attendance~

HANDS-ON HYGIENISTS COURSE Part Two

“Ergonomics/Functional Movement/Instrument
Sharpening/Ultrasonics”

2:00-5:00 p.m. (P.M. Course)

CPR/AED

9:00 a.m.-12:00 p.m. (A.M. Course)

2:00-5:00 p.m. (P.M. Course)

~Limited Attendance~

CPR/AED for the Healthcare Professional

CPR/AED for the Healthcare Professional

FRIDAY, MAY 25, 2012

(Start time 8:30 a.m.)

8:00-8:30 a.m. Registration/Exhibits 12:00-1:30 p.m. Lunch/Exhibits
8:30 a.m.-12:00 p.m. Lecture 1:30-4:30 p.m. Lecture

DENTISTS/HYGIENISTS

SPEAKER: Dr. Harold L. Crossley-

“Clues to Your Patients’ Health: The Most Common Physician-Prescribed Medications!”

8:30 a.m.-12:00 p.m.Lecture

1:30-4:30 p.m. Lecture

DENTAL STAFF/DENTISTS/HYGIENISTS

SPEAKER: Bruce Christopher, MA, MS-

“Attitude, Humor & Peak Performance” A.M.

8:30 a.m.-12:00 p.m.Lecture

“Risk Taking, Achievement & Fear”- P.M.

1:30-4:30 p.m. Lecture

CPR/AED

Limited Attendance~ A.M. Course Only

8:30 -11:30 a.m. CPR/AED for the Healthcare Professional

All courses presented are 3 CEU’s AM and 3 CEU’s PM unless otherwise noted.

ROOM RESERVATIONS ARE AVAILABLE AT THE SARATOGA HILTON (518) 584-4000. PLEASE MENTION THE SARATOGA DENTAL CONGRESS MEETING OR FOURTH DISTRICT DENTAL SOCIETY. DEADLINE FOR RESERVATIONS IS APRIL 23rd, 2012.

Fourth District Dental Society

855 Route 146, Suite 125
Clifton Park, NY 12065

NON-PROFIT ORG. U.S. POSTAGE PAID ALBANY, NY Permit #819

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