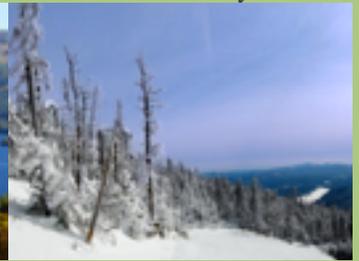


NEWSLETTER



Fall 2014 Vol 4 No 3

Letter from the President



Dear Fellow Fourth District Members,

A few weeks ago, a small group of us gathered at the Culinary Institute of

America for our Fall Weekend Meeting. We cooked up some amazing food featuring local ingredients from the Hudson Valley. We sampled some delicious local wine, too. And we spent some time discussing an issue that is receiving a lot of attention at ADA meetings: The proposed regulation of dental laboratories.

Since that weekend, I find myself thinking a lot about “regulations”, and specifically those regulations that have had an impact on our profession. Since starting my practice, I have seen dentistry become more and more “regulated.” There are OSHA regulations, the Health Information Privacy Act, i-stop, and now e-prescribing regulations to contend with. I, like many of you, find myself increasingly frustrated with the constraints that these regulations place upon me.

Why do I feel frustration and resentment? When I started practice, some 20 years ago, these regulations were just starting up

and had little direct impact. I was conscientiously self-regulated, and it worked well. I think back to my early training in dental school; the most important skill that my professors tried to teach my classmates and me was “Good Professional Judgment”. It was drilled into us (no pun intended) during each and every class, from pharmacology to prosthodontics. The message was sent out loud and clear: We were not chosen to attend dental school to become “tooth technicians”. Rather, we were taught to use the library of knowledge that we were assimilating to become insightful and discerning practitioners. Our education was aimed at producing clinically competent dentists whose knowledge and astute judgment would help us help our patients navigate the path toward obtaining better health. We were taught that there were no prescribed routes to this end result, but rather that each and every situation would need to be evaluated separately and that our ability to “think outside the box” would be paramount to achieving this goal.

Now, like many of you, I find that these external regulations produce no recognizable improvement in what we offer our patients, but they do provide a lot more work. Frustrating! Furthermore, I believe that the increasing regulations that all

medical professionals contend with are undermining the fundamental tools of our professions. Consequently, these regulations often have deleterious consequences for the patients whom we care for. This is a tragic irony. Regulations are often formulated and implemented, albeit with good intention, by groups of people who have little or no knowledge about the milieu in which the regulations will be applied. So, how are we, as individual practitioners, best able to withstand this increasing trend toward greater and greater regulation? *[continued on pg X]*

In This Issue:

- News Updates.....pg 2
- New Members.....pg 3
- Ellis Residency Graduation.....pg 3
- Letter from the Pres (con’t) ..pg 4
- HVCC Clinic Dedication.....pg 4
- Board Meeting Highlights.....pg 5
- NYS MoM Event.....pg 5
- Annual CE/Golf.....pg 6
- Oral Cancer Screening.....pg 6
- Annual Fall Meeting.....pg 7

Fourth District Dental Society of New York

NEWSLETTER

Vol.4, No.3 Fall 2014

Fourth District Dental Society of the State of New York

855 Route 146, Suite 125
Clifton Park, NY 12065
Phone: (518) 371-1114
Fax: (518) 371-0018

Email: fourthdistrictds@nycap.rr.com
Website: www.4thdds.org

American Dental Association
800-621-8099

New York Dental Association
800-255-2100

EDITOR

Dr. Michelle Burlingame

EXECUTIVE DIRECTOR

Ms. Lynn Martin

PHOTOGRAPHY

Dr. Mark Bauman

2014 OFFICERS

Dr. Loren Baim, *President*

Dr. Adrienne Korkosz, *President-Elect*

Dr. Seth Farren, *Vice President*

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Dr. Mark Bauman Dr. Wayne Harrison

Dr. Maybelle Hwang Dr. James Galati

This newsletter is the official publication of the Fourth District Dental Society. It is published three times a year: Fall, Winter, Spring/Summer. Unless officially adopted by the Fourth District Dental Society and so indicated, opinions expressed in this publication are not necessarily the views of the association.

Please contact the Fourth District office with any changes to your home or office address, phone number, or email.

News Updates

Women's Dentist Meeting

Please save the date, Thursday, **December 4th, 2014** for the annual Women's Dentist Meeting. The meeting will be held at the Saratoga Golf and Polo Club. The topic will be 'Focus on Gluten Intolerance and Celiac Disease' and the speaker is Dr. Natalya Belova of Saratoga Schenectady Gastroenterology Associates. The evening will include both dinner and a gluten-free cooking demonstration by our very own, Dr. Mark Bauman.

Issues with Specific Dental Plans

The Fourth District would like to know if your office is having any issues with specific insurance companies. Please forward any information to Dr. Adrienne Korkosz at korkoszendo@gmail.com.

* Mandatory Electronic Prescribing * - adapted from NYSDA

New York's e-Prescribing Mandate, as part of New York's I-STOP legislation, electronic prescribing of both controlled and non-controlled substances becomes mandatory on March 27, 2015. For electronic prescribing of controlled substances (EPCS), regulations require practitioners to register their certified electronic prescribing computer application with the New York State Department of Health, Bureau of Narcotic Enforcement (BNE). This mandate does not require that you have an electronic patient record system in place, it does require that you have some form of access to the internet. To access the Registry, prescribers must establish an online Health Commerce System account [<https://commerce.health.state.ny.us>].

NYSDA is in the final stages of negotiating with a vendor that provides electronic prescribing computer software and hopes to make an announcement very soon via email and the New York State Dental Journal. This vendor has been thoroughly vetted by various NYSDA representatives and groups. As a NYSDA member you will be entitled to a discounted rate for this vendor's software. The electronic prescribing software includes drop-down reference menus to assist in selecting specific drugs, identifying interactions and contraindications and determining appropriate doses. NYSDA will contact the membership and provide information once signups are available.

Save the Date for Upcoming Continuing Education

The Fourth District would like you to save the date for next year's Continuing Education Programs. Please watch for more details.

- **February 6, 2015** - Dr. John C. Comisi: The Balanced Oral Environment: Assessing, Restoring and Maintaining Dental Health
- **March 6, 2015** - Dr. Paul Castellon: Clinical Guidelines for Treatment of Edentulous and Partially Edentulous Patients with Implant Therapy
- **April 17, 2015** - Dr. Paresh Shah: The Evolution of a Comprehensive Care Dentist
- **October 9, 2015** - Dr. Alfonso Pineyro: Restoratively Driven Implant Failures

Ellis Medicine Dental Residency Graduation - *Dr. Michael Breault*

On June 19, 2014 the Ellis Health Center in Schenectady held its graduation ceremony for the general practice dental residents. The four graduates include Dr. David Cappuccio, Dr. Aakash Shah, Dr. Richard Andolina and Dr. Caitlin Dietz. All four graduates hailed from the University of Buffalo School of Dentistry. Following graduation their plans include: Dr. Cappuccio is returning to the Buffalo area for an associateship in a general dental practice; Dr. Shah will be entering into a local associateship in Schenectady; Dr. Andolina will be joining his father, Dr. Richard Andolina Sr. in his practice in Arkport, New York; and Dr. Caitlin Dietz will be practicing part time at the Ellis Dental Center and part time with her father in Albany.

The Teacher of the Year award was given by the residents to Dr. Thomas Lanka while a special recognition award was presented to Dr. Lionel Bulford. We congratulate all on their accomplishments and wish them the best for the future.



From left to right: Dr. Diana Sandu [Director], Dr. David Cappuccio, Dr. Aakash Shah, Dr. Lionel Bulford, Dr. Richard Andolina, and Dr. Caitlin Dietz

Welcome New Members:

Dr. Brianna Beckmann - *General Dentistry*
Baltimore College of Dental Surgery
Cottrell Dental - Queensbury

Dr. Nathaniel Boone Caldon
- *General Dentistry*
Boston University School of Dental Medicine
High Peaks Dental - Plattsburgh

Dr. Jake T. Fried - *Pediatric Dentistry*
NYU College of Dentistry
Pediatrics - NYU College of Dentistry
Private Practice - Clifton Park

Dr. Katherine Guilfoyle - *Periodontics*
Stony Brook Univ. School of Dental Medicine
Periodontics - University of North Carolina
Private Practice - Saratoga Springs

Dr. Jeffrey M. Leitner - *General Dentistry*
University of Pennsylvania
Private Practice - Schenectady

Dr. Joseph B. Ryan - *General Dentistry*
Georgia Regents College of Dental Medicine
Private Practice - Queensbury

Dr. Adam Weiss - *Oral Surgery*
Stony Brook Univ. School of Dental Medicine
OMFS - Brooklyn Hospital
Private Practice - Clifton Park

Dr. Stephanie Weiss - *Oral Surgery*
Stony Brook Univ. School of Dental Medicine
OMFS - Downstate Medical
East Hudson Oral & Maxillofacial Surgery
- Malta

Life Members 2015:

Dr. David J. Betts
Dr. Michael R. Breault
Dr. Patrick Esmond
Dr. Stephen E. Feuer
Dr. Jeffrey M. Leitner
Dr. Randy T. McGowan
Dr. Lawrence Seitelman



Dr. Hill is seated in front with HVCC President Drew Matonak at left. Faculty, staff and students of the program are in the background.

Dr. Robert H. Hill II, a D.D.S. with a practice in Averill Park, was recently honored for his philanthropy and years of service to Hudson Valley Community College. On October 17, the college's Dental Hygiene Clinic was named in honor of Dr. Hill. A plaque was unveiled at the clinic formally dedicating it as the Dr. Robert H. Hill II Dental Hygiene Clinic. Hill was a member of the college's Board of Trustees for 24 years and served as board chairman for eight years. He also has served on the advisory board for the Dental Hygiene program for more than three decades. As chairperson of the Hudson Valley Community College's inaugural Dental Gala in 2006, Dr. Hill personally contributed to and led the effort to raise more than \$275,000 to benefit the college's Dental Hygiene department.

The Hudson Valley Community College Dental Hygiene program is the only program of its kind in the Capital Region and has graduated hundreds of dental hygienists and dental assistants since the program's inception in 1961. The Dental Hygiene Clinic is a working lab for the college's Dental Hygiene students. Open to the public for dental cleanings, X-rays and sealants, patient education, and nutritional counseling, the clinic provides a high quality, low-cost dental health alternative for Capital Region residents.

Letter from the President - continued from Page 1

In two ways... Perhaps most importantly, we need to encourage young people to develop their critical thinking skills, and not fall prey to mindless conformity. Young people today are faced with a vast array of rules and regulations, which are often blindly accepted without thought to secondary outcomes. We need to encourage them to give careful thought to their actions, to abide by the law, but to never slip into any type of compliance without giving careful thought and attention to possible consequences.

We also need to become actively involved in shaping the future of our profession. This often involves forcing ourselves out of that "comfort zone" that I referred to in the spring newsletter. Most of us did not seek a career in dentistry because of an affinity for politics and policy-making. Unfortunately, if we choose to be complacent about political matters, we are likely to have fewer professional "choices" available to us in the future. When I first started my dental practice, I would often omit my EDPAC contribution (it was voluntary at that time). I felt that it had little personal value to me. I now consider it the most important part of the yearly check that I send to the ADA. Having knowledgeable lobbyists representing our political interests is the only possible way to maintain our professional freedoms, and ultimately the welfare of our patients. EDPAC is our most important voice in changing or curbing unwanted regulations. I encourage everyone who is able to give at the "Capital Club" level.

Finally, I would like to thank you for the opportunity to serve as your president for the 2014 term. Although I entered the year with a bit of trepidation, I am concluding my term with a renewed respect for our dental profession and for our district. I have found the members of the Fourth District to be a dedicated, conscientious and committed group. It has been a year of change, including the successful completion of our first Mission of Mercy event, as well as the welcoming of our new Executive Director, Lynn Martin. This is an exciting time for our profession, and for our district. The challenge will be moving forward with advances in technology and increased regulations while holding tightly to those core values that have kept us strong for the past 146 years. The Fourth District is blessed with dedicated members and strong leadership to meet these challenges.

I wish you all a happy and healthy holiday season,

Most Sincerely, Loren Baim, D.D.S

Board Meeting Highlights

June 11, 2014

- NYSDA/House of Delegates meeting- Dr. Wetzell:

- The State Legislature is trying to push through legislation mandating a CE requirement for dentists who prescribe pain medication. Since licensing renewal for dentists is every 3 years, the mandatory CE of every 2 years, as this current legislation requires, is incompatible.
 - The most controversial issue was a proposed reduction in the cost of the meeting. The only options to reduce meeting costs are (a) reduce the size of the house or (b) switch to locales outside of New York City. The House of Delegates voted to cap meeting costs at \$250,000, with the components picking up any additional expenses. No discussion was brought to the House to reduce the size of the House.
- Dental Practice - Council Chair, Dr. Galati, discussed the issue of dental labs and their manufacturing protocols: what materials are being used and what is their point of origin? NYSDA stopped short of requiring that NY state dentists register their labs; but encourages members to obtain this information from their labs.
 - Peer Review - Council Chair, Dr. Mathiesen noted Peer Review as an important member benefit. At the House of Delegates, Drs. Mathiesen and Harrison made a motion and seconded, respectively, a request for a NYSDA-funded training session on Peer Review, which was accepted and will be held in 2015. The Committee decided that escrow payments are now required from both patient and dentist. A deposit into escrow must be made by the member dentist or a letter must be submitted by the dentist's liability carrier to assert that payment will follow within 10 days of an adverse decision.

September 12, 2014

- Election of Officers: Dr. Baim presented the slate of officers for 2015. President: Dr. Adrienne Korkosz, President-elect: Dr. Seth Farren, Vice-President: Dr. Richard Hoskinson. Treasurer: Dr. H. John Schutze. Secretary: Position vacant. Motion to accept: Dr. McCambley. Motion seconded: Dr. Gleason. Motion passed.

NYS MoM Event



On June 13th and 14th over 1,200 volunteers gathered at Hudson Valley Community College to provide free dental care at the first ever New York based Mission of Mercy Event. The New York State Dental Association and the New York State Foundation in partnership with Missions of Mercy organized the event. The cooperation from this district was overwhelming and very much appreciated to make the event such a success. There were almost 300 dentists, 200 hygienists, and hundreds of other volunteers present during this two day event. Total care provided during the two days was estimated at \$800,000 and included: radiographs, cleaning, fillings, extractions, root canals, prosthetics, and more. We sincerely thank all of you that made this possible.



Annual Continuing Education and Golf Event



Dr. Richard Hoskinson, Dr. James Galati, Mr. Thomas Spillane, Dr. Seth Farren, Dr. Jonathan Schutze



Mr. Jim Hess, Dr. G. Kirk Gleason, Dr. H. John Schutze, Dr. Jonathan Schutze

The Fourth District's Annual Golf and Continuing Education event was held on September 12th at the Hiland Golf Course in Queensbury. "Predictable Cementation, Bonding & Preparing," was presented by Dr. Sibel Antonson, D.D.S., Ph.D, M.B.A. Dr. Antonson is the Director of Professional Services at Ivoclar Vivadent and a Clinical Associate Professor and Director of Dental Biomaterials at SUNY Buffalo, School of Dental Medicine. This was followed by lunch and beautiful weather for the afternoon of golf.

A Day at the Races - Oral Cancer Screening at the Saratoga Race Track

On Wednesday, August 6th, over 30 volunteers participated in our annual Oral Cancer Screening at the Saratoga Race Track. Thank you to all the volunteers in attendance, you made this day possible! In total, nearly 100 patients were screened including track employees and patrons at both the backstretch and main track areas respectively. Our team of dentists and other volunteers hailed from several area counties. This group included dentists, hygienists, a team of dental residents from Ellis Hospital, translators, photographers, and others. We would like to thank the generosity of our sponsors: NYSDA, Nassau County, and Henry Schein for making this event possible.



Annual Fall Meeting - Weekend at the CIA

- Lynn Martin

Board President, Dr. Loren C. Baim, hosted this wonderful culinary adventure in Hyde Park, NY, at the Culinary Institute of America on September 13-14, 2014.

The program started on Saturday with lunch and the CE course entitled "Dental Laboratory Outsourcing & Regulatory Issues," presented by Robert Iuliano, CDT. The course was followed by a tour of the facility. Founded in 1946, the college, an independent, non-profit, was founded as a vocational institute for returning veterans of World War II and has become the standard for excellence in the culinary world.

Fall meeting attendees were next treated to an hour-long lecture by CIA Chef, Mark Ainsworth, as he outlined the recipes and techniques needed for the endeavor. Eleven Fourth District chefs then headed to the CIA kitchen and prepared dinner for the next three hours. An extremely patient chef and his very helpful student team guided the "chefs" through dinner preparation and made this an unforgettable experience. Much laughter and learning was topped off by a fabulous dinner!

Sunday morning brunch took place at Gigi Trattoria in Rhinebeck, NY. This culinary-themed weekend was enjoyed by all!



Dr. John McCambley, Mrs. Lori McCambley, and Mr. Bob Iuliano



Mrs. Lynn Martin and Mrs. Pat Schutze



Dr. David Parsons, Mrs. Nancy Parsons



**Fourth District
Dental Society**
855 Route 146, Suite 125
Clifton Park, NY 12065

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